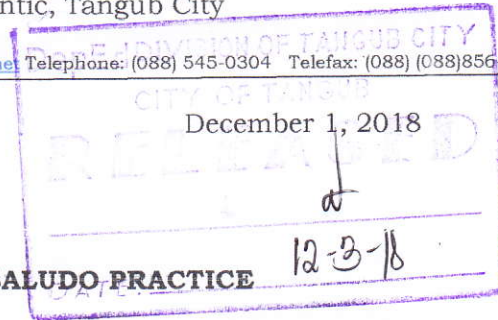




Republic of the Philippines
 Department of Education
 Region X – Northern Mindanao
DIVISION OF TANGUB CITY
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DIVISION MEMORANDUM
 No. 351, s. 2018

LIVE-OUT TRAINING and SALUDO PRACTICE

To: School Principals
 School Heads
 Coaches, Chaperons, and Trainers
 Athletes
 This Division

1. Prior to the conduct of the Northern Mindanao Regional Athletic Association Meet 2018, coaches, chaperons, trainers and athletes are required to conduct a **LIVE-IN** training and **SALUDO** practice from December 3-10, 2018.

2. Schedule of activities are as follows:

Date	Activities	Time
December 3, 2018	Live- out training	7:00 am to 5:00 pm
December 4, 2018	Live-out training	7:00 am to 5:00 pm
December 5, 2018	Live-out training	7:00 am to 12:00 noon
	Saludo practice	2:00 pm to 5:00 pm
December 6, 2018	Live-out training	7:00 am to 12:00 noon
	Saludo practice	2:00 pm to 5:00 pm
December 7, 2018	Live-out training	7:00 am to 5:00 pm
December 8- 10, 2018	Live- out training	7:00 am to 12:00 noon
	Saludo practice	2:00 pm to 5:00 pm

3. It is advised that all principals and school heads must release the coaches, chaperons and athletes on time.

4. Live-out training shall be conducted at the assigned playing venues while saludo practice will be done at the Tangub City Sports Complex.

5. This activity aims to:

- ensure quality performance of the athletes.
- strengthen teamwork and game plans.
- give final instruction for the athletes.

6. For compliance.

JEAN G. VELOSO
 Schools Division Superintendent