



**DIVISION MEMORANDUM**  
No. 175, s. 2020

**PSYCHOLOGICAL FIRST AID (PFA) TO DepEd LEARNERS**

To: **All Elementary and Secondary School Heads**  
**Jolito Vince - Division DRRM Coordinator**  
**Lourben Mae O. Lumasag, RN - Division Mental Health Coordinator**  
**Arnel C. Mehoy - Division Youth Formation**  
**This Division**

1. In preparation for the coming opening of the school year 2020-2021 on October 5, 2020, the Department of Education (DepEd) through DepEd Order No.12, s. 2020 and DepEd Order No. 14, s.2020, recognizes as a priority the promotion and protection of the mental health and general welfare of learners in the time of the COVID-19 pandemic. A Psychological First Aid (PFA) will be conducted on the first week of the opening classes on October 5-9, 2020, to increase the mental resilience of learners.

2. In line with this, the DepEd Tangub City Division will be conducting a Psychological First Aid to all learners both elementary and secondary level, live on air through **Radyo Pilipinas 106.5 (DXCT 106.5 MHz)**, facilitated by the DRMM Coordinator Jolito Vince and Division Mental Health Coordinator, Lourben Mae O. Lumasag and Arnel C. Mehoy, Division Youth Coordinator.

3. The PFA schedule are the following;

Date	No.of days	Participants
October 5-6,2020	2days	Elementary Learners
October 7-9,2020	3days	Secondary Learners

4. The two main goals of PFA for learners/ students are:  
1. To stabilize the emotions and behaviors of learners/students; and  
2. To return learners/students to an improved mental and emotional state after a crisis or disaster ready to adopt the new normal learning.

5. Immediate and wide dissemination of this Memorandum is desired.

**AGUSTINES E. CEPE, CESO V**  
Schools Division Superintendent

AEC/wtm/08-24-20

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